

EPHREMS SPORTS ACADEMY



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RISING STAR IN THE SPORTING HORIZON OF KERALA

Saint Ephrems Sports Academy is an institute which imparts holistic training to the potential students in the game of Basketball. St. Ephrems Academy is deftly linked to St. Ephrem's Higher Secondary School, Mannanam which does have a history of 135 years of educational flourishing and advancement. Situated at the Mannanam hills, the Holy Shrine of St. Kurikose Elias Chavara, the academy has world class facilities catering to the manifold needs and requirements of the students who aspire to become Basketball players of dexterity and skillfulness.

The academy functions under the stewardship of Government of Kerala State Sports Council. It does have a total student strength of around 100 who are equipped to confront the challenges posed by the tight regimen of relentless and disciplined actions and activities related to Basketball.

The specialties of the academy are (a) an indoor court of well-versed and well-contrived nature (b) the well-

oiled Kerala State Sports Council Basketball Sports Hostel for boys (c) the presence of nationally renowned Basketball trainers such as Sri. Premkumar V M and Sri. Aji Thomas (d) the concessions granted to exceptional sporting attuned students to undergo training in it (e) the co-operative and collaborative vibes swirling around it (f) the systematic way of its functioning (g) the affable dealings coming forth from it and (h) the production of superlative players in the domain of Basketball born out of it.

Today, this academy stands with its head held high through sporting activities of the highest order. The students who join the academy do say eloquently about its commitment, devotion and dedication in creating basketball players of apt and adequate pedigree. Let this sporting excellence slowly and resolutely taking shape at Mannanam hills bear plenty of fruits of delicious and healthy nature in the future.

Ephrem's trophy 2017-18

14th All Kerala Basketball Tournament for Boys & Girls

12-15 January 2018



JOIN US TO NURTURE TALENTS HELP THEM REACH THEIR GOALS

At Ephrem's Sports Academy, Mannanam, we are committed to a personalized, purpose-driven learning environment in which boarding school student-athletes are challenged to master a broad range of skills and competencies.

Motivated by the belief that passion drives, drive focuses, and focus empowers, rigor and quality performance define our foundational approach to growth, both in the classroom and on the playing field for boarding school students.

Equally important is our embedded emphasis on character development and social responsibility to prepare our students for the next step in their life's journey.

Join us in our endeavour to nurture talents and helping students to reach their goals. Most of them are economically backward, yet blissfully talented. When you join hands with us, you are taking part in our journey to discover talents and help them realise their dreams.

EPHREM'S TROPHY 2018

ALL KERALA BASKETBALL TOURNAMENT

23rd - 26th SEPTEMBER



10 EPHREMS TROPHY 2019

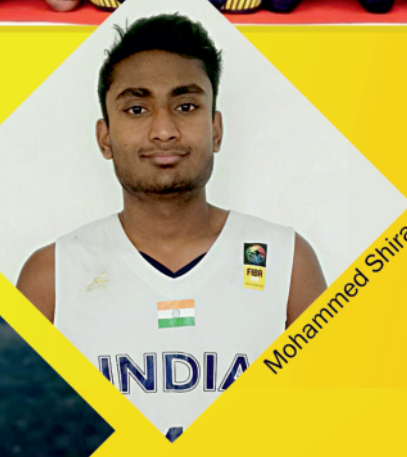
Inauguration on Friday, 1.30pm
Final on 13th August, Tuesday, 9am
Venue :
St. Ephrem's Basketball
Indoor Stadium



Jerom Prince



Akhil Mathew Sunny



Mohammed Shiras

MAJOR SPORTING PERSONALITIES EMERGED OUT OF THE ACADEMY

This academy is renowned for bringing into the mainstream of the sporting arena basketball talents such as Akhil Mathew Sunny, a player who excelled in the national and international basketball tournaments. His participation in FIBA-Asia Youth Basketball Championship held in Malaysia in the year 2009 is a crowning glory to the academy. Along with this

basketball genius, Shiras Muhammed, another stellar basketball player brought laurels to the academy by participating in Youth Indian Team-2015 Jakarta, Indonesia and Junior Indian Team-2016 Tehran, Iran. At Youth level, Master Jerom Prince represented India 2017 for South Asian Championship held at Nepal & Asian Championship in China.

UNIQUE FEATURES OF THE ACADEMY

VISION

The academy strives to build up an infrastructure which is competent enough to provide super class sporting facilities and amenities to the students under our training. The academy hopes to mould, shape and form sports persons of outstanding pedigree.

MISSION

The academy goes all out to put in place a holistic sporting arena where the development of the underprivileged students is wholly and substantially given utmost and primary importance. The mission is to turn the academy into a world class sporting center.

OBJECTIVES

The academy focuses its attention upon areas such as comprehensive growth of the students in the sporting domain, the upgradation of it into a center of excellence, creation of sports persons of vitality and strength, the unleashing of manifold sporting talents innate in the students and the building up of a society of soundness and stability through sporting activities.

GOALS

The academy intends to expand itself into a professional sports academy which caters to all types of students of sporting proficiency and also it envisions a sporting centre exclusively putting the manifold needs and requirements of the students at the forefront. The futuristic goal of the academy is to transform it into a place of sporting activities where all aspects related to different games are taken care of in letter and spirit.

HUMANITARIAN INITIATIVE

The academy does have a scheme called STARS Reg.No.43|1V|11 PAN No. AAKTS2968 (Sports Training Aid Rendering Scheme) which aims to extending help and assistance to socially and financially disadvantaged students who are in the age group of 12 to 19 to get trained in the academy. This scheme is an ample demonstration of the social commitment of the academy. Sports Training Aid Rendering Scheme (STARS)-An academy renowned for professionalism and social commitment.

STARS, a remarkable sporting venture functioning under St. Ephrems Sports Academy-Athirampuzha-Mannanam, is in the forefront of providing training in games mainly Basketball and Cricket. So far, this academy has produced sporting talents of outstanding pedigree who have gone on to play at the State and National levels. The academy is well supported by Government of Kerala, managed and operated under the inspiring leadership of Rev. Fr. Antony Kanjirathinkal CMI who mantles the twin roles as the Director of the academy and also the Warden of the hostel associated with STARS. The hostel bestows upon the sporting students with adequate accommodation, nutritious food, facilities and amenities to look after them round the clock.

QUEST FOR FURTHER EXPANSION.

Today, many students go astray due to their attention being preoccupied in something else than sporting activities. So, if the attention of the youths of Kerala and beyond is drawn to sporting field, that can take their minds off from such tendencies of wayward nature which would make them citizens of upright and straight-forward nature in the future. This academy hopes to accomplish such a task through its expansion.

SOCIAL-ORIENTED GOALS

St. Ephrems Sports Academy is all set to spread its activities beyond the arena of sports to use it as a platform to educate and help financially deprived students who need our push to get into further heights. If this goal is realized, then it becomes a sports centre of integrated training and development of the students from all sections of the society.

PROGRAMMES

The academy hosts a number of programmes such as personality development classes, summer vacation training programme, brain storming sessions and well-versed coordination between management and parents.



EPHREMS TROPHY

It is an All Kerala Inter-School Basketball Tournament for boys and girls started in 2003. Every year Ephrems Tournament is being conducted at the state level. More than 25 schools from different parts of the state participate in the event.

TRAINING CAMPS

St. Ephrems School is supporting and helping to spread the wings of the kids in basketball and cricket. More than 100 students are taking benefits daily from coaching sessions consisting of basic and advanced training programs, exhibition matches, pinpointed training and skill sets acquisition programs. Parents give much support to these endeavors of the school.

CRICKET TOURNAMENTS

Cricket Academy of Mannanam strives its every nerve to conduct tournaments, training sessions, specialized attention to individual players and dispatching our teams to different parts of India to participate in various cricket tournaments organized by well-versed sports clubs and associations.

SPORTS CARNIVAL

It is a combination of various games played under the auspices of Ephrems Sports Academy (ESA) in a carnival-like atmosphere. During the time of this Sports Carnival, there is a collation of games unveiled under one umbrella which would create an environment of togetherness through these games of various hues and colours. Some of the items conducted at the Carnival are Basketball and Cricket, Football training, music, aerobic dance, swimming, yoga, personality development programme, trekking, social awareness programmes etc.

YOGA

In order to ensure the physical health and mental well-being of the students of Ephrems Sports Academy, Yoga sessions are imparted to them by highly trained yoga teachers to spruce up these students' spirit so as to persuade them to attain their maximum level of efficiency and effectiveness in their chosen areas of sports. International Yoga Day (June 21) is celebrated in the academy with all the importance that it deserves.

PARENTS MEETING

Parents meeting is conducted in every term for both basketball and cricket players in the academy to create a rapport among teachers, parents and administrators. This meeting often results in allowing the stakeholders of the academy in arriving at right resolutions that would lead to the smooth functioning of the academy.

ACHIEVEMENTS OF THE ACADEMY PLAYERS 2017- 2018

NAME	ACHIEVEMENTS
Chacko C. Simon	Junior Nationals 1 st , Junior State Championship -1 st , U/19 Schools Nationals, School State 1 st
Sharon John	Junior Nationals 1 st , Junior State Championship - 1 st , U/19 Schools Nationals, School State 1 st
Akshay Sunil kumar	U/19 Schools State 1 st , Junior State Championship-1 st
Jerom Prince	Junior Nationals - 1 st , Junior State Championship - 1 st , Khelo India- 3 rd , Youth Nationals U/17 Schools Nationals, Youth state - 1 st
Aaron Varghese Blessen	Khelo India 3 rd , Youth Nationals, U/17 Schools Nationals, State - 1 st
Niyath. E. S	Khelo India 3 rd , Youth Nationals, U/17 Schools Nationals, State - 1 st
Akhil Michael	Khelo India 3 rd , Youth Nationals, U/17 Schools Nationals, State - 1 st
C. B. David	Khelo India 3 rd , Youth Nationals, U/17 Schools Nationals, State - 1 st
Subin Thomas	Khelo India 3 rd , U/17 Schools Nationals, State - 1 st
George. C. Mathew	U/19 Schools Nationals, School State - 1 st
Mahesh. K	Youth Nationals, Youth State Championship - 2nd
Bony Roy	Youth State Championship
Jim Paul Kotholil	Youth State Championship
Deepak. S	Youth State Championship
Abhinav. C. K	Youth State Championship - 2nd
Muhammed Subin	U/17 Schools Nationals, School State - 1 st
Savio George Bino	Sub Junior Nationals, Sub Junior State Championship
Devanand	Sub Junior Nationals, Sub Junior State Championship - 2nd
Dhanush. G	Sub Junior State championship - 2nd
AadiLalu	Sub Junior State Championship - 2nd
Immanuel John	Sub Junior State Championship - 1 st
Joyal	Sub Junior State Championship- 2nd



ACHIEVEMENTS OF ACADEMY PLAYERS 2018 – 2019

NAME	ACHIEVEMENTS
Aaron Varghese Blessen	Junior Nationals, Junior State championship- 1 st
Sajesh	Junior Nationals, Junior State championship- 1 st
Mahesh. K	Junior Nationals, Junior State championship
Bony Roy	Junior Nationals, Junior State championship
Jim Paul Kotholil	Youth Nationals 2 nd , Youth State championship -2 nd
Deepak. S	Youth Nationals 2 nd , Youth State championship -2 nd
Abhinav. C. K	Youth Nationals 2 nd , Youth State championship
Muhammed Sayyan	Youth Nationals 2 nd , Youth State championship
Immanual John	Sub Junior Nationals, Sub Junior State championship -1 st
Jonathan Prince	Sub Junior Nationals, Sub Junior State championship
Christy Joseph	Junior State championship- 1 st
Joshua Abraham	Junior State championship -1 st
Jerom Prince	Junior Nationals, Junior State championship -1 st
Austin Jacob Anil	Youth State championship
Alfin Charley	Youth State championship
Toms Bobby Mangalam	Youth State championship
Rinil. C. K	Youth State championship
Joyal Jo	Sub Junior State championship
Akash Jomi	Sub Junior State championship
Nithin Biju	U/19 Schools Nationals, School State- 1 st , Junior State championship-1 st
Joshua Abraham	U/19 Schools Nationals, school State -1 st , Junior State championship -1 st



ANNUAL DAY PROGRAMME

Ephrem's Sports Academy does bring into fruition an Annual Day Program consisting of Proficiency Awards distribution, recognizing the tremendous skills of the students of the academy on a common platform. The achievements are acknowledged by the students of the academy in different departments of Cricket and Basketball tournaments and it is to offer gratitude to all the benefactors of the Academy.



ATTENDING MAJOR TOURNAMENTS IN AND OUT OF KERALA STATE

TROPHY NAME	PLACE
Rajagiri Trophy	Rajagiri Public School, Eranakulam
Chavara Trophy	Kristu Jyoti Public School, Changanassery, Kottayam
Lourdian Trophy	Lourde Public School, Kottayam
Devamatha Trophy	Devamatha Public School, Trissur
Viswajyoti Trophy	ViswaJyoti Public School Angamaly, Eranakulam
Kristu Jayanti Trophy	KristuJayanthi Public School RajagiriVallyKakkanaseranakulam
S.H Trophy	S.H Kilimala Chanaganassery, Kottayam
K.E Trophy	Kuriakose Elias School Mannanam, Kottayam
Christ Central Trophy	Christ Central School Thiruvalla, Pathanamthitta
Christ Nagar Trophy	Christ Nagar Trivendrum
M A H S Trophy	MA H S Koratty
Ephrems Trophy	St. Ephrems HSS Mannanam Kottayam
Karunya Trophy	CoimbatoreTamilnadu
Carmal Trophy	Alappuzha
Sahridaya Trophy	Thrissur
Sainik School	Trivendrum
little flower	Kozhokide
Black tournament	Kozhikode
Team Exhibition Match	Chennai- Bangaluru

ST. EPHREMS BASKETBALL TEAM WON MAJOR TOURNAMENTS IN & OUT OF KERALA

TROPHY NAME
Karunya Trophy, Coimbatore, TN (South India)
Lourdean Trophy Kottayam, Kerala
Mount Carmel Trophy Kottayam, Kerala
Ephrem's Trophy, Mannanam ,KeralaK
E Trophy Mannanam, Kerala
Rajagiri Trophy, Kalamasserry,Kerala
ViswajyothiAngamaly, Kerala
RajagiriKristuJayathi, Kakkanad, Kerala
LIBA, Little Flower Trophy Kozhikod, Kerala (South India)
Black-Kalyan Kendra Kozhikod,Kerala (Souith India)
Assisi (Junior) Trophy, Assisi Vidyanikethan Public Ernakulam, Kerala - Runner Up
Carmel Trophy, Alappuzha
Carmel (Junior)Trophy, Alappuzha



JEROM PRINCE

Junior Nationals, Bihar

MAHESH K

Junior Nationals, Bihar

BONY ROY

Junior Nationals, Bihar

JIM PAUL

Khelo India

ABHINAV C K

Khelo India

SAYYAN MUHAMMED

Khelo India

JOSHU ABRAHAM

U-19 School Nationals

DAVID C B

U-19 School Nationals

AKHIL MICHAEL

U-19 School Nationals

SUBIN THOMAS

U-19 School Nationals

ABHINAV C K

U-17 School National

JIM PAUL

U-17 School Nationals

IMMANUAL JOHN

Sub junior Nationals - Odisha

JONNATHAN PRINCE

Sub junior Nationals- Odisha

**ACHIEVEMENTS
OF ACADEMY
PLAYERS
2019 – 2020**

“BE SO GOOD THEY CAN'T IGNORE YOU”

- STEVE MARTIN



STARS
SPORTS TRAINING
AID RENDERING SCHEME
Possibilities unlimited

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