

NURTURING STARS



Ephrems
MANNANAM

EPHREM'S SPORTS ACADEMY



MOULDING STARS OF TOMORROW

St. Ephrem's Sports Academy, Kottayam, is the premier sports training academy in India dedicated to helping students achieve their goals through sports and education. ESA aims to enrich the lives of students

by providing life development skills and opportunities to further their education through basketball, cricket and football. It is our goal to assist budding players by providing admission to our boarding school and offering them excellent sports training to excel in their respective games.

For nearly 10 years, Ephrem's players have reached their highest potential and found their places in national teams by utilizing cutting-edge training techniques and a distinctive coaching style that stresses physical fitness, mental growth and leadership.

OBJECTIVES

To provide opportunities to promote personal qualities of the players.

To develop sportsmanship and competitive spirit among students.

To prepare the students to face the challenges of life.

To become agents for building a better human society

To promote religious harmony and unity.

PLATFORM FOR A BRIGHT FUTURE

St. Ephrem's Basketball Academy is the most unique basketball academy dedicated to using basketball as a tool to build confidence and moral character based on sports principles. We have an enthusiastic team comprised of experts deeply dedicated to the promotion of sports and games. Our facilities correspond to the latest standards in the sports industry and we have been maintaining that position for years.

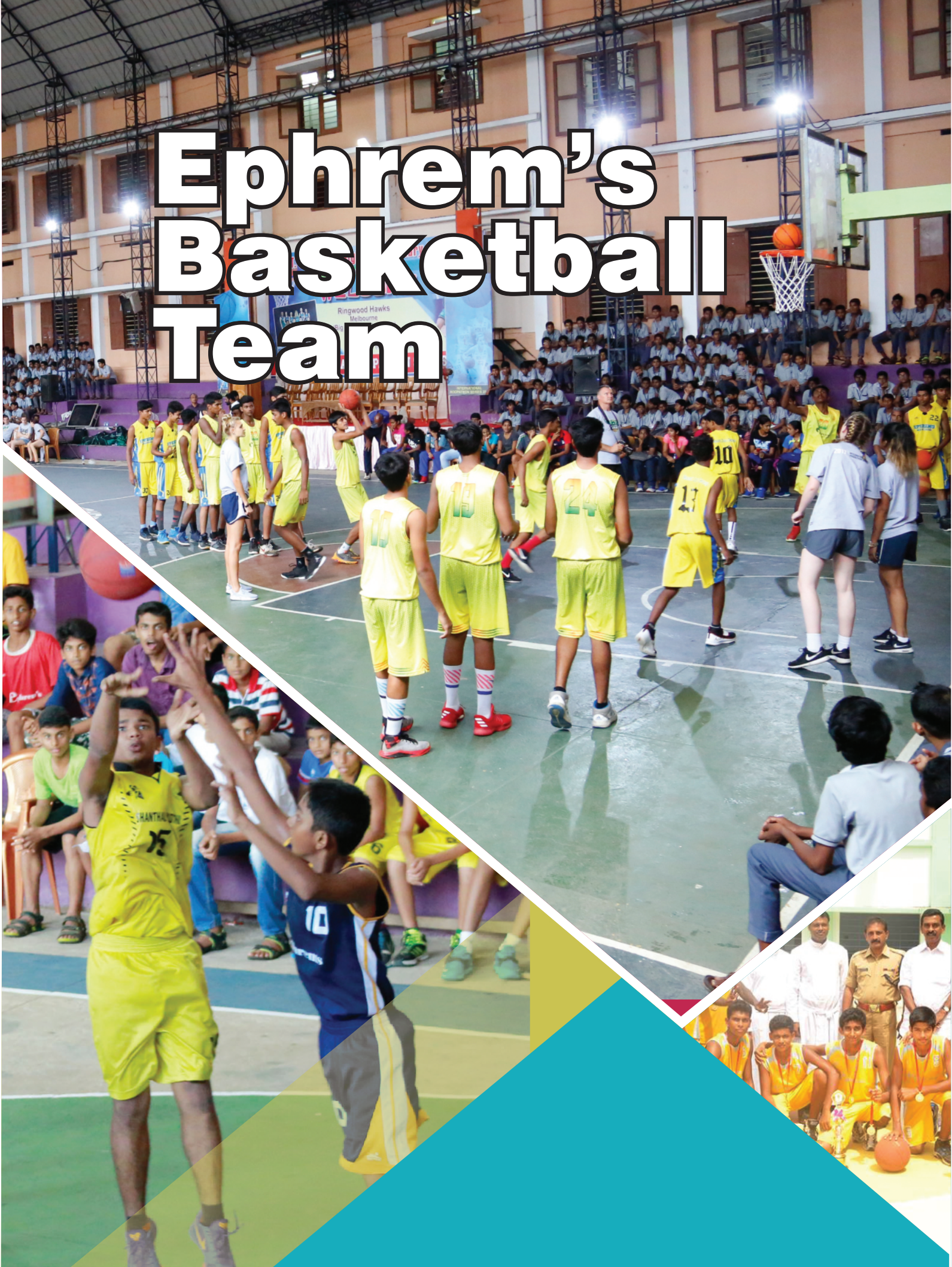
Our program focus is year-round practice and player development to ensure that every prospect a player will have a focused plan to reach their desired goals both on and off the court. At Ephrems we help them become the best basketball player they can be, by optimizing their physical qualities to ensure their best athletic effort.

We are committed to a personalized, purpose-driven learning environment in which boarding school student-players are challenged to master a broad range of skills and competencies.

Ephrem's basketball team won seven titles in the inter school basketball tournaments in the last basketball season. The school team is the number one at school level in Kerala. We won the following matches during 2018-19 season: Christu Jyothi, MAHS Koratty, St. Ephrems, Mannanam, Sainik School, Trivandrum, KE Mannanam, LIBA Kozhikode, Carmel Trophy, Alapuzha, Sahrudhaya, Thrissur, CMI Public School, Amalakara, Lourdon Trophy, St. Joseph's, Pulikunnu, Kristu Jyanthi, Ernakulam, SH Kilimala, Oxford Kollam and Junior NBA State Winners. The school squad also won the state's Mini Games' runner up trophy.



Ephrem's Basketball Team





ATTENDING MAJOR TOURNAMENTS IN AND OUT OF KERALA STATE

1. Rajagiri Trophy - Rajagiri Public School, Eranakulam
2. Chavara Trophy - Kristu Jyoti Public School, Changanassery, Kottayam
3. Lourdian Trophy - Lourde Public School, Kottayam
4. Devamatha Trophy - Devamatha Public School, Thrissur
5. Viswajyoti Trophy - Viswa Jyoti Public School, Angamaly, Eranakulam
6. Kristu Jayanti Trophy- Kristu Jayanthi Public School Rajagiri, Eranakulam
7. S.H Trophy-S.H Kilimala, Chanaganassery, Kottayam
8. K.E Trophy-Kuriakose Elias School, Mannanam, Kottayam
9. Christ Central Trophy-Christ Central School,Thiruvalla, Pathanamthitta
10. Christ Nagar Trophy -Christ Nagar, Trivandrum
11. M A H S Trophy-MA H S, Koratty
12. Ephrems Trophy -St. Ephrems HSS, Mannanam, Kottayam
13. Karunya Trophy - Coimbatore, Tamilnadu
14. Carmal Trophy -Alappuzha
15. Sahridaya Trophy,Thrissur
16. Sainik Schoo, Trivandrum
17. Little Flower, Kozhokide
18. Team Exhibition Match Chennai- Bengaluru



Ephrem's Superstars

Our International Players



Jerom Prince



Akhil Mathew Sunny



Mohammed Shiras



ST. EPHREM'S SPORTS ACADEMY



EPHREM'S TROPHY

2019-20

16TH ALL KERALA INTER-SCHOOL
BASKETBALL TOURNAMENT
FOR BOYS & GIRLS

From 9th -12th August 2019
at St. Ephrem's HSS Indoor Stadium, Mannanam

Ephrem's Trophy is the most prestigious Basketball Tournament in Kerala. This year we are organizing the 16th edition of All Kerala Inter-school Basket Ball Tournament for boys and girls from August 9 to 12, 2019 at St. Ephrem's HSS Indoor Stadium, Mannanam, Kottayam.

Over 20 basketball teams from across Kerala participate in the most popular basketball tournament in the region every year.

ST EPHREM'S BOYS' FINAL DATE WITH SACRED HEARTS



Little Flower HSS Kerala will meet St Michael's HSS Kozhikode in the girls' final



കേരളത്തിന് കിരീടം

ബോസ്കോസ്കോ ട്രാസ്റ്റിംഗ് കോർപ്പറേഷൻ ഓപ്പൺ ബോൾ ടോർണ്ണമെന്റിൽ മുൻനിരയിലുള്ള സെന്റ്. ജോർജ്ജ് സ്കൂൾ ടീം കേരളത്തിൽ ഏറ്റവും മികച്ച ടീമായി തിരഞ്ഞെടുക്കപ്പെട്ടു. 29 ടീമുകളുടെ പങ്കെടുത്ത ട്രാസ്റ്റിംഗ് കോർപ്പറേഷൻ ഓപ്പൺ ബോൾ ടോർണ്ണമെന്റിൽ മുൻനിരയിൽ കേരളത്തിൽ ഏറ്റവും മികച്ച ടീമായി തിരഞ്ഞെടുക്കപ്പെട്ടു. ടോർണ്ണമെന്റിൽ പങ്കെടുത്ത 29 ടീമുകളിൽ നിന്ന് ഏറ്റവും മികച്ച ടീമായി തിരഞ്ഞെടുക്കപ്പെട്ടു. ടോർണ്ണമെന്റിൽ പങ്കെടുത്ത 29 ടീമുകളിൽ നിന്ന് ഏറ്റവും മികച്ച ടീമായി തിരഞ്ഞെടുക്കപ്പെട്ടു.

ST EPHREM'S CLINCHES WIN



Shiras and Shibil were the top scorers for the St Ephrem's with 15 points each while Anai Nair topped for St Joseph's

ബോൾകുറിൽ പത്ത്: ബോയിൽ കിരീടങ്ങൾ

കേരളത്തിൽ ഏറ്റവും മികച്ച ടീമായി തിരഞ്ഞെടുക്കപ്പെട്ടു.

Shiras, Joshua make Indian squad

The FIBA Asia U-16 championship will be held in Jakarta, Indonesia



Shiras and Joshua George with Assistant coach Aju Jacob

Two Kerala, Mohammed Shiras from St. Ephrem's HSS Mannanam and Joshua J. George from Sacred Heart CMI Public School Thevadi, are in the Indian team for the 4th FIBA Asia under-16 championship to be held in Jakarta in Indonesia from October 29 to November 7.

കേരള ക്രിക്കറ്റിന്റെ ക്രിസ് തിരഞ്ഞെടുപ്പ്

കേരളത്തിൽ ഏറ്റവും മികച്ച ടീമായി തിരഞ്ഞെടുക്കപ്പെട്ടു.

Ephrems, LF win titles

Shibil Varghese and Aloosa Seby bagged the Best Player awards in the 31st Fr. Francis Sales inter-school basketball tournament at Rajagiri



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ST EPHREM'S AND LITTLE FLOWER HSS CROWNED CHAMPS

Shibil Varghese of St. Ephrem's HSS, Mannanam, and Aloosa Seby of Little Flower HSS, Kerala, were adjudged the best players in the inter-school tourney



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GIRIPEEDAM, ST EPHREM EMERGE VICTORIOUS

Jithin Paul of St Ephrem and Sneha Thomas of Giripeedam were adjudged best players in the boys and girls categories respectively



The Giripeedam boys' team



The St. Ephrem's girls' team

St Ephrem clinches title

St. Ephrem's HSS, Mannanam, were adjudged the best players in the inter-school tourney



St. Ephrem's HSS, Mannanam, were adjudged the best players in the inter-school tourney

STARS SPORTS TRAINING AID RENDERING SCHEME

Possibilities unlimited

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